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Ictus Initiative

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Floyd Patterson's Legacy Lives On In “Typhoon Technique”
Boxing Book Debuts at Hall of Fame Weekend in Canistota, NY

Boston MA (June, 2014) Many argue Floyd Patterson was not a legitimate heavyweight. Yet he was the youngest to win the heavyweight championship (until Tyson took that distinction away) and the first to regain the title having lost it to a rogue challenger. He did this on technique – not bluster. Floyd's technique is chronicled in a new book making its debut at the International Boxing Hall of Fame Induction weekend – June 5-8 in Canistota, NY. *Typhoon Technique: Training, Technique & Titles* (Acanthus Publishing, 2014), authored by Vinny Furlani and Tracy Patterson, articulates the 10-Point Strategic Boxing System and the Typhoon Technique. Furlani and Patterson were both trained by Floyd Patterson at his Huguenot Boxing Club in New Paltz, NY. Tracy Patterson is Floyd's adopted son and himself a two-time world champion.

Vinny Furlani, 15-year boxing veteran and coach, and Tracy Patterson, former NY Golden Gloves champ, Super-Bantamweight Champion, and IBF Super Featherweight Champion, advocate a shift back to the old-school roots of boxing. *Typhoon Technique: Training, Technique & Titles* takes the reader through the 10-point training system pioneered by legendary trainer Cus D'Amato, passed onto Floyd Patterson, then taught to the authors. Floyd Patterson fought using the famous Peek-A-Boo style taught to him by Cus D'Amato. The book is accompanied by a companion DVD offering video presentations of the 10-Point Strategic Boxing System demonstrated by Tracy Patterson and narrated by Vinny Furlani. Furlani and Patterson believe that a return to old-school boxing technique will improve the quality of the ring combat that is currently practiced in title championship bouts, as well as significantly increase fan interest.

As a training manual, *Typhoon Technique: Training, Technique & Titles* provides the reader with the how-to knowledge to go from novice to contender when coupled with a commitment to hard work and dedication. The book is an important addition to the shelf of any fighter, trainer, or aspiring champion. *Typhoon Technique: Training, Technique & Titles* can be purchased on the internet at [Art of Boxing](#)

[\(www.artofboxingtrainlikeachamp.com/\)](http://www.artofboxingtrainlikeachamp.com/) as well on the websites for [Rumble: How Boxing Greatest Match was Made](#), and [Confusing the Enemy: The Cus D'Amato Story](#).

Typhoon Technique will debut on Saturday, June 7 in Canastota, NY at the International Boxing Hall of Fame Induction weekend. Authors Vinny Furlani and Tracy Patterson will be on-site to discuss the Typhoon Technique and share their personal insights about the sport of boxing and its legends.

Some are now calling Acanthus Publishing the, “unofficial publisher of the sport of boxing.” Page Stover, publisher and contributor of the Foreword, is proud of her role in keeping the history of boxing alive. “I am thrilled that we have been able to tell the stories of some of the greatest fighters to ever step on ring canvas and their championship moments. With the publication of *Typhoon Technique: Training, Technique & Titles* we are able to keep alive the strategies and techniques used by many legendary fighters of the past.” Acanthus Publishing has previously published the gold-medal winning [Rumble: How Boxing Greatest Match was Made](#), and [Confusing the Enemy: the Cus D'Amato Story](#), winner of the 2014 Eric Hoffer Award for Books.

For review copies or any further requests for information, please contact Luke Messecar at Luke@IctusInitiative.com.

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About Vinny Furlani:

Vinny Furlani has been active in the sport of boxing for 15 years, either as a fighter or a coach. At 18 years old, Vinny began training at the Huguenot Boxing Club in New Paltz, New York, owned by Floyd Patterson. With no previous training Vinny won his first bout and his next eight matches, all at 132-135 lbs. After becoming a finalist in the Spanish Gloves, Vinny became an open-class fighter.

In 1988, Floyd entered Vinny into the National Golden Gloves tournament and Olympic Box-Off. In late 1988, Vinny fought his first professional fight the day after his 24th birthday. He was on the undercard of his roommate and sparring-partner, Tracy Patterson. Vinny served in Tracy Pattersons' corner during his rise to Featherweight and Junior Lightweight World Champion. In the late 1980's Vinny began to train fighters himself, many participating in New York's Golden Gloves.

During the years he was not actively participating in the sport, Vinny refined his view on what prevented good fighters from becoming great. As he reflected on the demonstrations and the lessons Floyd had taught him, Vinny began to create the structure now known as the 10-Point Strategic Boxing System and the Typhoon Technique. This system modernizes old-school fighting and seeks to develop the perfect fighter.

About Tracy Patterson:

At the age of 11, Tracy Patterson joined the Huguenot Boxing Club, a boxing gym owned and run by former Golden Gloves Champion, Olympic Gold Medalist, and Two-Time World Heavyweight Champion Floyd Patterson. Every day he walked two miles to Floyd Patterson's property to watch boxers train in the gym next door to Patterson's home. Patterson taught boys how to box for free. Tracy was too shy to ask for lessons because everyone else was so much bigger and older. Floyd took an interest in Tracy's talents and became his trainer and manager, helping to turn him into a great boxer. Later, Tracy was legally adopted by Floyd Patterson.

Tracy ran up a 90-7 amateur record. In 1984-1985, Tracy won two consecutive New York Golden Gloves Championships. He defeated Thierry Jacob in a two-round KO winning him the Super-Bantamweight Championship Title. Winning his first professional championship title was the proudest moment of Tracy's life. He successfully defended it for two years. In 1995 Tracy captured the International Boxing Federation's Super Featherweight Championship title, but lost it later the same year. He ultimately retired from professional boxing in 2001 with a record of 63-8-2.